



Winter Squash

WNESU November 2023 LUNCH MENU



Monday

Chicken Patty Sandwich ⁶
VT Potatoes
Early Release

Tuesday

Nachos Supreme ⁷
VT Queso Cheese
Sweet Corn

Wednesday

Pizza ⁸
VT Organic Whole Grain Crust
Seasonal Salad

Thursday

Spaghetti & VT Beef Marinara ⁹
Whole Grain Pasta
Italian Green Beans

Friday

Veteran's Day ¹⁰

Mac & Cheese ¹³
Whole Grain Pasta
Mashed Winter Squash & Apples

Breakfast for Lunch ¹⁴
VT Eggs & Maple Syrup
VT Potato Homefries

Pizza ¹⁵
VT Organic Whole Grain Crust
Seasonal Salad

VT Cheeseburger ¹⁶
Onion Rings & Slaw

Holiday Feast ¹⁷
Whole Grain Roll
VT Potatoes & Butternut Squash

Popcorn Chicken & Mashed Potato Bowls ²⁰
BFUHS ONLY

In Service ²¹

No School ²²

Thanksgiving ²³

No School ²⁴

Chicken Tenders ²⁷
Whole Grain Breading
Tater Tots
VT Baked Squash

Taco Tuesday ²⁸
Homemade Pico
Sweet Corn & Beans

Pizza ²⁹
VT Organic Whole Grain Crust
Seasonal Salad

Orange Chicken ³⁰
Steamed Broccoli
Brown Rice

Chicken Alfredo ¹
Whole Grain Pasta
Steamed Broccoli



Fruit & milk is included with every meal. This institution is an equal opportunity provider.