

WNESU

March 2023

LUNCH MENU



Monday

Chicken Patty Sandwich
Sweet Potato Tots

6

Tuesday

Town Meeting Day

7

Wednesday

Homemade Pizza
Organic Tomato Sauce
Whole Wheat Crust
Seasonal Vegetables

8

Thursday

Mac & Cheese
Whole Grain Pasta
Sweet Peas

9

Friday

Orange Chicken
Brown Rice
Stir Fry Vegetables

10

Chicken Tenders
Whole Grain Breading
Tater Tots

13

Grilled Cheese Sandwich
Homemade
Tomato Soup

14

VT Uncured Hot Dog
French Fries

15

Early Release

Homemade Pizza
Organic Tomato Sauce
Whole Wheat Crust
Seasonal Vegetables

16

VT Shepherd's Pie
VT Grassfed Beef,
Potatoes, & Corn
VT Apple Crisp

17

Ham & Cheese Croissant Sandwich
French Fries
Slaw & Pickles

20

Taco Tuesday
w/ Homemade Pico
Sweet Corn & Beans

21

Homemade Pizza
Organic Tomato Sauce
Whole Wheat Crust
Seasonal Vegetables

22

VT Corn Chowder
Harlow's Organic Corn
Cheesy Breadsticks

23

Chicken Alfredo
Whole Grain Pasta
Steamed Broccoli

24

Chicken Patty Sandwich
Sweet Potato Tots

27

Breakfast for Lunch
VT Eggs & Maple Syrup
VT Potato Homefries

28

Homemade Pizza
Organic Tomato Sauce
Whole Wheat Crust
Seasonal Vegetables

29

Baked Potato
VT Cheese & Toppings
Steamed Broccoli

30

VT Cheeseburger
Onion Rings & Slaw

31

Fruit & milk is included with every meal. This institution is an equal opportunity provider.

