

**WNESU**

# May 2023

LUNCH MENU



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

1

**Chicken Tenders**  
Whole Grain Breading  
Tater Tots

2

**Taco Tuesday**  
Homemade Pico  
Sweet Corn & Beans

3

**Homemade Pizza**  
Organic Tomato Sauce  
Whole Wheat Crust  
**Seasonal Vegetables**

4

**Baked Potato**  
VT Cheese & Toppings  
Steamed Broccoli

5

**Chicken Alfredo**  
Whole Grain Pasta  
Steamed Broccoli

8

**Chicken Patty Sandwich**  
Sweet Potato Tots

9

**Grilled Cheese Sandwich**  
Homemade  
Tomato Soup

10

**VT Cheeseburger**  
Onion Rings & Slaw

**Early Release**

11

**Homemade Pizza**  
Organic Tomato Sauce  
Whole Wheat Crust  
**Seasonal Vegetables**

12

**Chicken Stir Fry**  
Sesame Teriyaki  
Steamed Broccoli  
**Brown Rice**

15

**Ham & Cheese Croissant Sandwich**  
French Fries  
Slaw & Pickles

16

**Breakfast for Lunch**  
VT Eggs & Maple Syrup  
VT Potato Homefries

17

**Homemade Pizza**  
Organic Tomato Sauce  
Whole Wheat Crust  
**Seasonal Vegetables**

18

**Mac & Cheese**  
Whole Grain Pasta  
Sweet Peas

19

**Spaghetti & VT Beef Marinara**  
Whole Grain Pasta  
Italian Green Beans

22

**Chicken Bacon Ranch Sandwich**  
Whole Grain Bun  
VT Potato Salad

23

**Barbacoa Burrito Bowl**  
VT Beef & Black Beans  
Brown Rice  
**Roasted Corn**

24

**Homemade Pizza**  
Organic Tomato Sauce  
Whole Wheat Crust  
**Seasonal Vegetables**

25

**Nachos Supreme**  
VT Queso Cheese  
Sweet Corn & Beans

26

**BBQ Chicken**  
Three Bean Salad  
VT Corn Bread

Fruit & milk is included with every meal. This institution is an equal opportunity provider.