

WNESU

August 2022

LUNCH MENU



Monday

1
VT Ham & Cheese WG Croissant Sandwich
VT Potato Salad
Pickles & Fresh Fruit

8
Turkey BLT Club
Whole Grain Bread
Coleslaw & Fruit Salad

15
Cubano Slider w/ Pickles
Whole Grain Bun
Cucumber Corn & Bean Salad

22
Chicken Bacon Ranch Sandwich
Whole Grain Bun
VT Potato Salad

Tuesday

2
Buffalo Chicken Wrap
Seasonal Salad
Fresh Fruit

9
Super Nachos
VT Queso Cheese
Sweet Corn & Beans

16
Buffalo Chicken Wrap
Seasonal Salad
Fresh Fruit

23
Super Nachos
VT Queso Cheese
Sweet Corn & Beans

Wednesday

3
Chicken Caesar Salad
Local Greens
WG Croutons

10
VT Chef Salad
Local Greens
VT Ham Cheddar & Hard Boiled Egg

17
VT Cobb Salad
Local Greens
VT Bacon Cheese & Hard Boiled Egg

24
Chicken Caesar Salad
Local Greens
WG Croutons

Thursday

4
Homemade WG Pizza Dunkers
Organic Marinara Sauce
Seasonal Salad

11
Homemade WG Pizza Dunkers
Organic Marinara Sauce
Seasonal Salad

18
Homemade WG Pizza Dunkers
Organic Marinara Sauce
Seasonal Salad

25
Homemade WG Pizza Dunkers
Organic Marinara Sauce
Seasonal Salad

Friday

5
VT Cheese & WG Cracker Stackers
Baby Carrots
Fresh Berries

12
Brownie Batter Hummus
Whole Grain Grahams
Fresh Berries

19
VT Cheese & WG Cracker Stackers
Baby Carrots
Fresh Berries

26
Lo Mein Noodle Salad w/ Chicken
Edamame Corn Salad
Mandarin Oranges

Fruit & milk is included with every meal. This institution is an equal opportunity provider.