

October 2024

LUNCH MENU

WNESU



Monday

Chicken Patty Sandwich
VT Potatoes
Pickles

30

Tuesday

Breakfast for Lunch
VT Eggs & Maple Syrup
VT Potato Homefries

1

Wednesday

Pizza
VT Organic Whole Grain Crust
Seasonal Salad

2

Thursday

Nachos Supreme
VT Queso Cheese
Sweet Corn

3

Friday

Pasta & VT Beef Marinara
Organic Reginette
Parmesan
Green Beans

4

Chicken Tenders
Whole Grain Breading
Tater Tots
VT Baked Apples

7

Taco Tuesday
Shredded Pork
Carnitas
Homemade Pico

8

Pizza
VT Organic Whole Grain Crust
Seasonal Salad

9

Orange Chicken
Sesame Broccoli
Herbed Brown Rice

10

VT Uncured Hot Dog
French Fries

11

Early Release

Indigenous People's Day

14

In-Service

15

Pizza
VT Organic Whole Grain Crust
Seasonal Salad

16

Baked Potato
VT Cheese & Toppings
Steamed Broccoli

17

Chicken Alfredo
Whole Grain Pasta
Steamed Broccoli

18

Chicken Patty Sandwich
VT Potatoes
Pickles

21

Taco Tuesday
Homemade Pico
Sweet Corn & Beans

22

Pizza
VT Organic Whole Grain Crust
Seasonal Salad

23

Orange Chicken
Sesame Broccoli
Herbed Brown Rice

24

Mac & Cheese
Whole Grain Pasta
Mashed Winter Squash & Apples

25

Chicken Tenders
Oven French Fries

28

Chicken & Cheese Enchiladas
Organic Corn Tortilla
Street Corn

29

Pizza
VT Organic Whole Grain Crust
Seasonal Salad

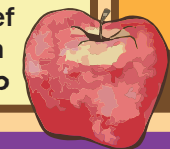
30

VT Shepherd's Pie
VT Grassfed Beef
Potatoes & Corn
VT Apple Crisp

31

In-Service

1



Fruit & milk is included with every meal. This institution is an equal opportunity provider.